



1. GATE: RIGHT HAND OPEN, WALK OVER POLE AND CLOSE GATE.
2. YOU MAY WALK FORWARD, THEN JOG OVER POLES AND JOG THRU SERPENTINE.
3. LOPE OVER POLES (RL).
4. BREAK TO THE JOG, JOG OVER POLES.
5. LOPE OVER POLES (RL)
6. BREAK TO THE JOG, JOG OVER POLES, JOG INTO CHUTE.
7. BACK THRU POLES, YOU MAY WALK FORWARD THEN, PICK UP THE JOG AS YOU JOG TOWARD NUMBER 8
8. JOG OVER POLES
9. LOPE OVER POLES (LL).
10. BREAK TO THE JOG, JOG OVER POLES.
11. STOP OR BREAK TO THE WALK, WALK OVER POLE AND INTO BOX, EXECUTE A 360 TURN EITHER WAY, WALK OUT BOX.
12. WALK OVER POLES.

Trail Novice / Rookie